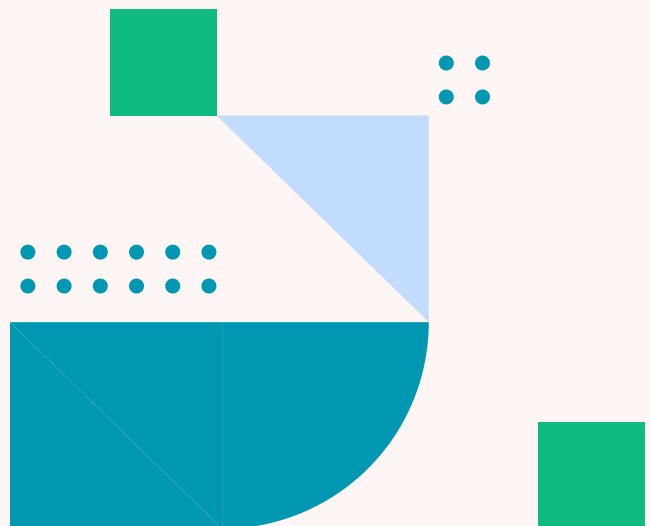


MY BRAIN ADVENTURE!

GETTING READY FOR THE **WISC**
ASSESSMENT



HI THERE!

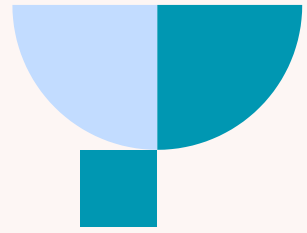
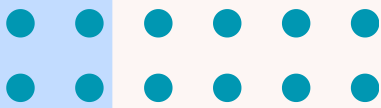
You're coming in to do some thinking activities with us!
This is called the Wechsler Intelligence Scale for Children (WISC), but you can think of it as:

A Brain Adventure!

We're going to explore how your brain learns, solves problems, and thinks in different ways.

There are no "good" or "bad" brains, just different ways of thinking





WHAT WILL YOU BE DOING?



You'll do lots of different activities, like:

- Solving puzzles
- Answering questions
- Working with numbers
- Looking at patterns and shapes
- Figuring things out in your own way

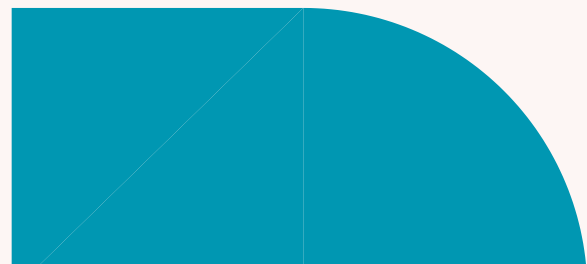


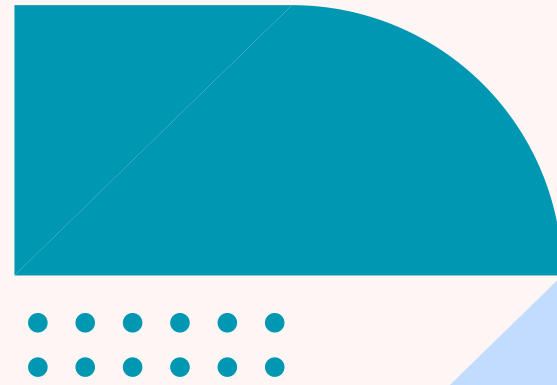
We use blocks, the iPad and writing /paper.

Some might feel:

- Easy
- Tricky
- Fun
- A bit challenging

That's exactly how it's meant to be!





WHAT ARE WE LOOKING AT?

We are learning about how your brain:

- **Solves problems**
- **Remembers things**
- **Works quickly**
- **Understands and uses words**
- **Notices patterns and details**

Everyone has strengths in some areas and finds some things harder – that's totally normal!





HOW LONG WILL IT TAKE?

- **The assessment usually takes about 1.5 to 2 hours**
- **We can take breaks anytime you need**
- **You don't have to rush - we go at your pace**

Can I take breaks?

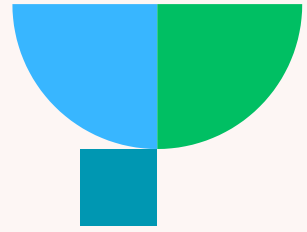
YES!

You can:

- **Ask for a break anytime**
- **Get a drink or snack**
- **Stretch or move your body**
- **Take a breather if your brain feels tired**

Your comfort matters!





WHAT CAN I BRING?

YOU CAN BRING THINGS THAT HELP YOU FEEL CALM AND COMFORTABLE:

- A COMFORT TOY
- HEADPHONES
- A DRINK OR SNACK
- A SMALL FIDGET
- COMFY CLOTHES

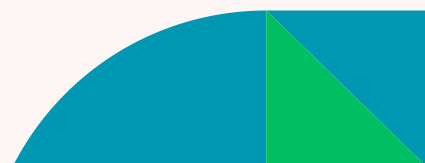
ANYTHING THAT HELPS YOUR BRAIN FEEL SAFE AND READY



WHAT IF I DONT KNOW THE ANSWER?

THAT'S COMPLETELY OKAY !

- YOU CAN HAVE A GUESS
 - YOU CAN SAY "I'M NOT SURE"
 - YOU CAN TRY YOUR BEST AND MOVE ON
- THIS IS NOT A SCHOOL TEST - YOU'RE NOT EXPECTED TO GET EVERYTHING RIGHT**

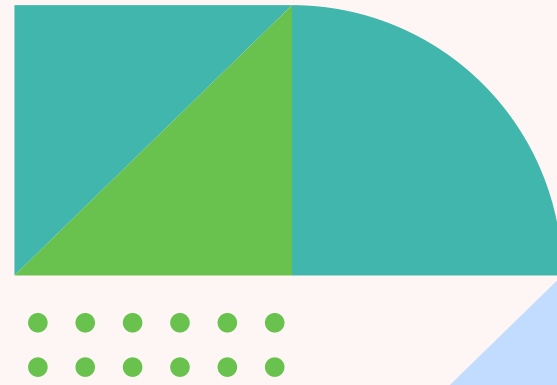




IMPORTANT THINGS TO REMEMBER



- **There are no right or wrong brains**
- **You don't need to be perfect**
- **Trying is what matters most**
- **Some parts are meant to be tricky**
- **We are here to help you feel comfortable**



WHO WILL BE THERE?

You'll be working with:

A psychologist (you can see what we look like on our website, as well as what the assessment room looks like!)

Our job is to:

- **Help you feel safe**
- **Explain things clearly**
- **Support you along the way**





WHERE WILL MY PARENTS BE ?

Your parent or grown-up will be close by, but they won't be in the room while we do the activities.



Why is that?

This helps us see how your brain works on its own

- So you can think in your own way
- So you don't feel like you need to look for help or answers
- So we can understand your unique ideas and thinking

Important to know

- Your parent is still nearby and safe
- You can ask for them at any time
- If you feel worried, we can take a break or check in





AT THE END

Your grown-ups (AND YOU!) will learn about:

- **Your strengths**
- **How your brain works**
- **Ways to support you at school and home**

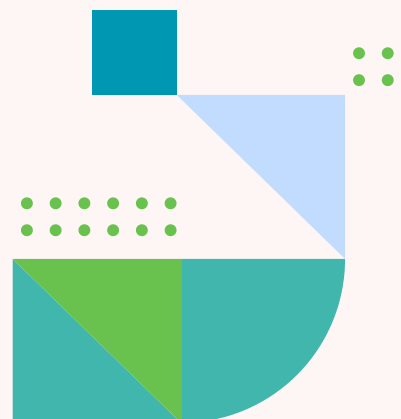
Your brain is unique, powerful, and important.

This is just a way for us to:

Understand it better

Support you better

Celebrate what makes you YOU





A B O U T Y O U :

“Things that help my brain feel good”

I like when:

I don't like when:

I feel calm when:

Something that helps me focus:

**PRINT THIS, FILL IT OUT
AND BRING IT WITH TO YOUR
APPOINTMENT**